

# Sacrament of the Eucharist

## St Michael

### Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's Chaplet & Novena on Wed		5:30pm

### Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's) (once per month)	11:00am	
OLMC (Lluengo) <b>First Sun</b>	9:30am	
Eucharistic Service <b>Third Sun</b> (Lluengo)	9:30am	

**Confession** St Cecilia's Sat 4:30pm

Or by appointment

**Intercessory Prayer** St Michael's on Fri 9am-12pm

### Eucharistic Adoration

St Cecilia's	Tues	6:30am- 6:00pm
St Theresa's	Wed	12pm - 6:00pm
St Michael's	Thur	6:30am - 6:30pm

**Benediction:** Every First Friday 7:00pm - 9:00pm

**Stations of the Cross** at St Michael's Fri at 6pm

## St Joseph

### Weekday Masses

St Joseph	Mon - Fri	6:00am
	First Sat	7:00am
St Jude	Thur	6:00pm

### Weekend Masses

St Joseph	Sat	6:30pm
	Sun	6:00am
	Sun	8:30am
St Jude	Sat	5:00pm

## Classifieds

Have anything to sell or want to buy?

Come advertise with us!!!!!!  
It cost 50 cents per word to advertise here per week.

## Notices

**Elijah's Bread Tutorial Programme reopens this Monday. The times are:**

**Mondays—Secondary Maths** from 4:30pm

**Tuesdays—Primary Maths** from 3:15pm

**Wednesdays— Secondary English** from 3:45pm

**Thursdays— Primary English** from 3:30pm

**Fridays— S.E.A. Preparations** from 3:30pm

**Anyone with Car Passes** from the Harvest or Parang Bar-B-Que are ask to return them to the office as soon as possible

**The Sub Urban Vicariate** would like to invite all youths to a **Youth Assembly** to review and strengthen the way in which the Church supports and meets the needs of our youth and young adults at this important stage in their life. This takes place on Sunday February 4<sup>th</sup>, 2018 at 9:30 am to 3 p.m.. at the St. Charles Parish Hall in Tunapuna.

The discussion will be followed by a carnival event which will include your group preparing and performing calypso, soca, ole mas etc any genre of carnival. More information will be available soon.



Sunday 14th January 2018



# St Michael's Messenger

Second Sunday in Ordinary Time (Year B)



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## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Cluster of St Joseph / St Michael

Entrusted to the Pastoral care of the Carmelite Friars

Serving the communities of St Joseph, St Jude,

St Michael,

St Cecilia, St Theresa

Our Lady of Mt Carmel

Fr. Gerard Tang Choon O.Carm

Fr. Hasely King O.Carm

Fr. Brent Alexis O.Carm

### Pastoral Associates:

Deacon Sheldon Narine / Deacon Jeffery Supersad

### St Joseph

Phone: 662-2827 / 323-6653

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StJosephRCChurch/

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Secretary: Ms. Patricia O'Neil

### St Michael

Phone: 662-4103

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StMichaelRcChurchMaracas/

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Secretary: Ms. Patricia Plaza

Elijah's Bread: Ms Rosalind Thomas

Executive Assistant to Fr. Gerard Tang Choon

O. Carm: Mr. Haydn Belton

Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia),

Mrs Jean Narine (St Theresa)

Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor, Mrs. Andrea Grimes

Mr. Gary De Freitas, Mr. Stuart Spiers, Mrs. Wendy Morales, Mr. Allan Joseph,

Mrs. Donna Boynes-Joseph, Mrs Cindy Narine.

Finance Chairman: Mr. Clem Jubrajsingh

Parish Council Chairman: Mr. Karl Theodore

### Parish Office Hours

St Michael's

Mon - Fri 8am -12noon

1pm— 4pm

St Joseph

Mon - Fri 8am - 1pm,

2pm - 4pm

### Priest Office Hours

St Michael

Wed 3:30pm - 5pm

St Joseph

Tues 5pm - 6pm

Thurs 4pm - 5pm

Please call to make  
Appointment with Priest.

# Know Your Faith



## Pope Francis' Practical Tips for maintaining a Happy Family

Pope Francis says that three phrases are essential in the home for a healthy/happy family to exist. They are: **"1.MAY I, 2.THANK YOU, 3. PARDON ME/I AM SORRY."**

He says that these phrases are required in our hearts, homes and communities, and mean more than just having good manners.

### May I

Pope Francis says we cannot just assume we have the right to certain things. When we ask this permission, we establish trust and respect among our loved ones ". In the book of Revelation it says "Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me "(3:20). He went on to say, "Even the Lord asks permission to enter! Do not forget that."

### Thank You

He says our society has a great need for gratitude, which makes us more sensitive to the dignity of the human person and the demands of social justice. "Listen well to this: a Christian that doesn't know how to thank is one that has forgotten the language of God. This is ugly."

### Pardon me/ I am sorry

'Sorry,' the Pope acknowledged is the hardest of the three to say, yet he noted that when it's not used many bad things happen, especially in marriage. He says that the problem is not the fighting – it is letting it last into the next day.

**"Never finish the day without making peace," even if it's not easy, the Pope says. "A little gesture, a caress, without words," can be enough, for it "stops the infection."**

# Pray with the Scriptures



<b>Sun 14th Jan</b>	<b>1 Samuel 3:3-10, 19</b> <b>Ps 40:2, 4, 7-10</b> <b>1 Corinthians 6: 13-15, 17-20</b> <b>John 1: 35-42</b>
<b>Mon 15th Jan.</b>	<b>1 Samuel 15: 16-23</b> <b>Ps 50: 8-9, 16-17, 21-23</b> <b>Mark 2:18-22</b>
<b>Tue 16th Jan.</b>	<b>1 Samuel 16: 1-13</b> <b>Ps 89: 20-22, 27-28</b> <b>Mark 2:23-28</b>
<b>Wed 17th Jan.</b>	<b>1 Samuel 17:32-33, 37, 40-51</b> <b>Ps 144:1-2, 9-10</b> <b>Mark 3:1-6</b>
<b>Thur 18th Jan.</b>	<b>1 Samuel 18:6-9; 19:1-7</b> <b>Ps 56:2-3, 9-13</b> <b>Mark 3:7-12</b>
<b>Fri 19th Jan.</b>	<b>1 Samuel 24:3-21</b> <b>Ps 57:2-4, 6, 11</b> <b>Mark 3:13-19</b>
<b>Sat 20th Jan.</b>	<b>2 Samuel 1:1-4, 11-12,19,23-27</b> <b>Ps 80: 2-3, 5-7</b> <b>Mark 3:20-21</b>

## January 2018

- 2nd—Isidora Pierre-Andrews,
- 2nd—June Hezekiah
- 3rd—Eileen Richardson
- 7th—Christopher Mohammed
- 9th—Marlene Narine
- 12th—Zaria Mitchell
- 13th—Cindy Sadaphal
- 15th—Francis (Manzi) Lezama
- 16th—Br. Nigel Ali
- 17th—Ann Daniel
- 18th—Maria Lopez
- 21st—Alicia George—Baptiste,
- 21st—Matilda Robain
- 22nd—Barkat Mohammed
- 24th—Justin Gopal, Aliana Gopal,
- 24th—Tianna Gopal,
- 24th—Christian Gopal

# Meditation on Sunday Scriptures

## OUR ONLY HOPE

**"LOOK! THERE IS THE LAMB OF GOD!" –JOHN 1:36**

For generations we have fashioned a culture of death – step by step, war by war, abortion by abortion, injustice by injustice, sin by sin. Our seeds of unfaithfulness, lust, and greed have grown into a sickeningly rich harvest of injustice. Is there any hope?

In Christ alone there is hope. He is the Lamb of God Who takes away the sin of the world (Jn 1:29). Jesus is "the Messiah! (This term means the Anointed)" (Jn 1:41) and "Rabbi (which means Teacher)" (Jn 1:38). He is "the Way, and the Truth, and the Life" (Jn 14:6). He will call our names (see 1 Sm 3:4) and change our names (see Jn 1:42). Jesus will bring good news to the poor, "proclaim liberty to captives, recovery of sight to the blind and release to prisoners, to announce a year of favour from the Lord" (Lk 4:18-19). Jesus is bringing down the culture of death and replacing it with a civilization of love and life.

***There is hope; there is certain hope in Jesus – in Jesus alone. Alleluia!***

# Kids Corner

The Sick Corner



Patrice Ali  
Gerald Bennett  
Gertrude Noreiga  
Matilda Noreiga  
Michail Ramsumair  
Monica Barnes

Lynn Harewood  
Camilla Morris  
Dianne Dennis  
Annie Clarke  
Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information

SHEKNOWS

## OPPOSITES

List the opposites.



- boy** \_\_\_\_\_
- black** \_\_\_\_\_
- young** \_\_\_\_\_
- big** \_\_\_\_\_
- early** \_\_\_\_\_
- loud** \_\_\_\_\_
- down** \_\_\_\_\_
- large** \_\_\_\_\_
- fast** \_\_\_\_\_
- low** \_\_\_\_\_
- dark** \_\_\_\_\_
- hard** \_\_\_\_\_
- out** \_\_\_\_\_
- dry** \_\_\_\_\_
- good** \_\_\_\_\_

