

# Sacrament of the Eucharist

## St Michael

### Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's Chaplet & Novena on Wed		5:30pm

### Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's) (once per month)	11:00am	
OLMC (Lluengo) <b>First Sun</b>	9:30am	
Eucharistic Service <b>Third Sun</b> (Lluengo)		9:30am

<b>Confession</b>	St Cecilia's Sat	4:30pm
	Or by appointment	
<b>Intercessory Prayer</b>	St Michael's on Fri	9am-12pm

### Eucharistic Adoration

St Cecilia's	Tues	6:30am- 6:00pm
St Theresa's	Wed	12pm - 6:00pm
St Michael's	Thur	6:30am - 6:30pm

**Benediction:** Every First Friday 7:00pm - 9:00pm

## St Joseph

### Weekday Masses

St Joseph	Mon - Fri	6:00am
	First Sat	7:00am
St Jude	Thur	6:00pm

### Weekend Masses

St Joseph	Sat	6:30pm
	Sun	6:00am
	Sun	8:30am
St Jude	Sat	5:00pm

## Classifieds

### DON'T BE AFRAID IF YOU:

- \* **Cannot see far**
  - \* **Itchy eyes**
  - \* **Glare problems**
  - \* **Cataracts**
  - \* **Blurred vision when reading**
  - \* **High blood sugar and pressure**
- We will check it out for you at the **EYE DOCS**.  
We have affordable packages to help you.  
**Call the EYE DOCS at 753 2044**



## Notices

**There will be Spanish Mass** this Sunday 11th March at St. Cecilia's at 11 am.

**There will be a mass** at St. Michael's to celebrate the feast of St. Joseph on Monday 19th March at 6:30pm.

**The Parish** will be hosting the Life in the Spirit Seminar starting on Sunday April 15th at St. Cecilia's at 2:00pm. Registration is free. Forms are available at the back of the church or the parish office.

**The Diamond League Club** will be going on a Bus Tour to La Vega on Sunday 22nd April at a cost of \$100.00 for adults and \$90.00 for children under 12 years. If you are interested please call the office or Jacqueline Jeffrey at 663 2449.



# St Michael's Messenger



Sunday 11th March 2018

Fourth Sunday of Lent (Year B)

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## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Cluster of St Joseph / St Michael

Entrusted to the Pastoral care of the Carmelite Friars

Serving the communities of St Joseph, St Jude,

St Michael,

St Cecilia, St Theresa

Our Lady of Mt Carmel

Fr. Gerard Tang Choon O.Carm

Fr. Hasely King O.Carm

Fr. Brent Alexis O.Carm

### Pastoral Associates:

Deacon Sheldon Narine / Deacon Jeffery Supersad

### St Joseph

Phone: 662-2827 / 323-6653

Website: <http://www.jodorparish.com/>

FB: <https://www.facebook.com/StJosephRCChurch/>

StJosephRCChurch/

Email: [jodorparish@gmail.com](mailto:jodorparish@gmail.com)

Secretary: Ms. Patricia O'Neil

### St Michael

Phone: 662-4103

Website: <http://stmichaelsparishtt.org/>

FB: <https://www.facebook.com/StMichaelRcChurchMaracas/>

StMichaelRcChurchMaracas/

Email: [stmichaelsmessenger1@gmail.com](mailto:stmichaelsmessenger1@gmail.com)

Secretary: Ms. Patricia Plaza

Elijah's Bread: Ms Rosalind Thomas

Executive Assistant to Fr. Gerard Tang Choon

O. Carm: Mr. Haydn Belton

Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia),

Mrs Jean Narine (St Theresa)

Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor, Mrs. Andrea Grimes

Mr. Gary De Freitas, Mr. Stuart Spiers, Mrs. Wendy Morales, Mr. Allan Joseph,

Mrs. Donna Boynes-Joseph, Mrs Cindy Narine, Ms. Diane Narine,

Mr. Hugo Huggins

Finance Chairman: Mr. Clem Jubrajsingh

Parish Council Chairman: Mr. Karl Theodore

### Parish Visiting Hours

St Michael's

Mon - Fri 8am -12noon

1pm— 4pm

St Joseph

Mon - Fri 8am - 1pm,

2pm - 4pm

### Priest Visiting Hours

St Michael

Wed 3:30pm - 5pm

St Joseph

Tues 5pm - 6pm

Thurs 4pm - 5pm

Please call to make  
Appointment with Priest.

## Know Your Faith

### Pope Francis says....We Must Convert Our Way of Thinking

“Faith is not a spectacle: it is the Word of God and the Holy Spirit who acts in the hearts.”

Thus we can “recite all the Creed, even all the dogmas of the Church,” but if we do not do it “with the Christian spirit”, it does not serve “anything,” insisted Pope Francis: it is necessary to make a “**conversion of thought.**”

Beyond the “conversion of works” with fasting, almsgiving, penance, and “conversion of feelings” with compassion, the Pope encouraged a “**conversion of thought**”: “not what we think, but also the way we think, the way we see, the style of thinking.

He invited the faithful to make an examination of conscience: ‘With what spirit do I think? With the spirit of the Lord or with my own mind, the spirit of the community to which I belong or the small group or social class to which I belong, or the political party to which I belong? “Do I think with the Christian style or with the pagan style?”

... And to seek if I really think with the spirit of God,- ask grace to discern when I think with the spirit of the world, and when I think with the spirit of God and **ask for the grace of the conversion of thought.**”



## Pray with the Scriptures

<b>Sun 11th Mar</b>	<b>2Chronicles 16: 14-16, 19-23</b>	<b>Ps137: 1-6</b>
	<b>Ephesians 2: 4-10</b>	<b>John 3:14-21</b>
<b>Mon 12th Mar</b>	<b>Isaiah 65: 17-21</b>	<b>Ps 30:2, 4-6, 11-13</b>
	<b>John 4: 43-54</b>	
<b>Tue 13th Mar</b>	<b>Ezekiel 47:1-9,12</b>	<b>Ps 46: 2-3, 5-6, 8-9</b>
	<b>John 5:1-16</b>	
<b>Wed 14th Mar</b>	<b>Isaiah 49: 8-15</b>	<b>Ps 145: 8-9, 13-14, 17-18</b>
	<b>John 5: 17-30</b>	
<b>Thur 15th Mar</b>	<b>Exodus 32: 7-14</b>	<b>Ps 106: 19-23</b>
	<b>John 5: 31-47</b>	
<b>Fri 16th Mar</b>	<b>Wisdom 2:1, 12-22</b>	<b>Ps 34: 17-21, 23</b>
	<b>John 7: 1-2, 10, 25-30</b>	
<b>Sat 17th Mar</b>	<b>Jeremiah 11: 18-20</b>	<b>Ps 7: 2-3, 9-12</b>
	<b>John 7: 40-53</b>	



### **March 2018**

1st— Nevanda Nakhid  
 4th—Jules Morales  
 5th—Hazel Ann Daniel  
 5th—Monica St. Rose  
 11th—Nigel Awai  
 11th— Sheila Francis  
 12th—Marisa Mohammed  
 14th—Keron de Matas  
 16th—Matthew Cooper  
 18th—Naphthali Charles  
 18th— Patricia Plaza  
 20th—Denzel Matamoro  
 21st—Diana Kissoon—Khan  
 29th—Rondell Harrington  
 31st— Wendy Morales

## Meditation on Sunday Scriptures

**HAVE YOU, ARE YOU, AND WILL YOU BE SAVED?**

**"GOD DID NOT SEND THE SON INTO THE WORLD TO CONDEMN THE WORLD, BUT THAT THE WORLD MIGHT BE SAVED THROUGH HIM." –JOHN 3:17**

We are saved by grace through faith (Eph 2:8). Jesus saved us especially by the grace of His death and resurrection. We are being saved by this good news "at this very moment" if we "hold fast to it" (1 Cor 15:2). Yet salvation is not only a past and present reality, it is future. "For if you confess with your lips that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved" (Rm 10:9). The one who believes in the gospel "and accepts baptism will be saved" (Mk 16:16). Thus, if we have been baptized into Jesus and into His resurrection, we have been saved (see Rm 6:3ff). We are being saved at this moment, if we are being faithful to our baptismal promises. We will be saved from sin, death, hell, and Satan and saved for final victory, perfect love, heavenly peace, and eternal life, if we continue to live our Baptisms by resisting temptations, repenting from our sins, and obeying the Lord in all things.

In three weeks, we will celebrate the first day of the Easter season. At every Mass in every Catholic church in the world, we will be invited to renew our baptismal promises. At that time, make the deepest act of faith you have ever made. Give your life totally to Jesus. Be saved!

## Kids Corner

*The Sick Corner*



Patrice Ali  
 Gerald Bennett  
 Dianne Dennis  
 Annie Clarke  
 Monica Barnes

Lynn Harewood  
 Gertrude Noreiga  
 Matilda Noreiga  
 Michail Ramsumair-  
 Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information

