

# Sacrament of the Eucharist

## St Michael

### Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's Chaplet & Novena on Wed		5:30pm

### Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's) (once per month)	11:00am	
OLMC (Lluengo)	<b>First Sun</b>	9:30am
Eucharistic Service	<b>Third Sun</b> (Lluengo)	
		9:30am

<b>Confession</b>	St Cecilia's Sat	4:30pm
	Or by appointment	
<b>Intercessory Prayer</b>	St Michael's on Fri	9am-12pm

### Eucharistic Adoration

St Cecilia's	Tues	6:30am- 6:00pm
St Theresa's	Wed	12pm - 6:00pm
St Michael's	Thur	6:30am - 6:30pm

**Benediction:** Every First Friday 7:00pm - 9:00pm

## St Joseph

### Weekday Masses

St Joseph	Mon - Fri	6:00am
	First Sat	7:00am
St Jude	Thur	6:00pm

### Weekend Masses

St Joseph	Sat	6:30pm
	Sun	6:00am
	Sun	8:30am
St Jude	Sat	5:00pm

## Classifieds

### DON'T BE AFRAID IF YOU:

- \* **Cannot see far**
  - \* **Itchy eyes**
  - \* **Glare problems**
  - \* **Cataracts**
  - \* **Blurred vision when reading**
  - \* **High blood sugar and pressure**
- "Come in for a **FREE EYE TEST** at the **EYE DOCS.**"  
**Call the EYE DOCS now at 753—2044**



## Notices

**St. Theresa's Family Day** will be held on Sunday 29th April starting with mass at 9.30am. The EYE DOCS will also be there giving free eye test. There are lunch tickets at the back of the church. Mr. Rayme will be shuttling people from St. Michael's. All are welcome.

**Parents are invited** to the workshop – **CHILDREN ARE A GIFT** on Saturday 26<sup>th</sup> May at St Michael's Church hall from 9am to 3pm. This programme will be presented by the Archdiocesan Family Life Commission in conjunction with the Family Life Unit of our parish. The cost is \$100. Per person or \$150. Per couple and materials are included. Check the flyer at the back of the church for further information and registration begins next week.

**Fr. Gerard Tang Choon's** farewell mass will be held on Tuesday 08th May at 6.30 pm at St Michael's.



Sunday 22nd April 2018



# St Michael's Messenger

Fourth Sunday of Easter



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## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Cluster of St Joseph / St Michael

Entrusted to the Pastoral care of the Carmelite Friars

Serving the communities of St Joseph, St Jude,

St Michael,

St Cecilia, St Theresa

Our Lady of Mt Carmel

Fr. Gerard Tang Choon O.Carm

Fr. Hasely King O.Carm

Fr. Brent Alexis O.Carm

### Pastoral Associates:

Deacon Sheldon Narine / Deacon Jeffery Supersad

### St Joseph

Phone: 662-2827 / 323-6653

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Secretary: Ms. Patricia O'Neil

### St Michael

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StMichaelRcChurchMaracas/

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Secretary: Ms. Patricia Plaza

Elijah's Bread: Ms Rosalind Thomas

Executive Assistant to Fr. Gerard Tang Choon

O. Carm: Mr. Haydn Belton

Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia),

Mrs Jean Narine (St Theresa)

Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor, Mrs. Andrea Grimes

Mr. Gary De Freitas, Mr. Stuart Spiers, Mrs. Wendy Morales, Mr. Allan Joseph,

Mrs. Donna Boynes-Joseph, Mrs Cindy Narine, Ms. Diane Narine,

Mr. Hugo Huggins

Finance Chairman: Mr. Clem Jubrajsingh

Parish Council Chairman: Mr. Karl Theodore

### Parish Visiting Hours

St Michael's

Mon - Fri 8am -12noon

1pm— 4pm

St Joseph

Mon - Fri 8am - 1pm,

2pm - 4pm

### Priest Visiting Hours

St Michael

Wed 3:30pm - 5pm

St Joseph

Tues 5pm - 6pm

Thurs 4pm - 5pm

Please call to make  
Appointment with Priest.

## Know Your Faith

**Pope Francis says** “*Holiness is the most attractive face of the Church.*”



Pope Francis has written another Apostolic Exhortation, this one on the universal **call to holiness**, called **Gaudete et Exsultate**, which takes its title from the words of Jesus in the sermon on the mount as recorded in the Gospel according to St Matthew - **“REJOICE AND BE GLAD”** (Mt 5:12).

Jesus tells those persecuted or humiliated for his sake. The Lord asks everything of us, and in return he offers us true life, the happiness for which we were created. He wants us to be saints and not to settle for a bland and mediocre existence. The call to holiness is present in various ways from the very first pages of the Bible. We see it expressed in the Lord’s words to Abraham: “Walk before me and be blameless” (Gen 17:1).

Pope Francis says “what follows is not meant to be a treatise on holiness, containing definitions and distinctions helpful for understanding this important subject, or a discussion of the various means of sanctification. My modest goal is to repropose the call to holiness in a practical way for our own time, with all its risks, challenges and opportunities. For the Lord has chosen each one of us ‘to be holy and blameless before him in love’ (Eph 1:4).”

In the following weeks we will look at some of the messages given in the five chapters.

## Pray with the Scriptures

<b>Sun 22nd Apr</b>	<b>Acts 4:8-12</b> <b>1 John 3:1-2</b>	<b>Ps 118:1, 8-9, 21-23, 26, 28-29</b> <b>John 10:11-18</b>
<b>Mon 23rd Apr</b>	<b>Acts 11:1-18</b> <b>John 10:1-10</b>	<b>Ps 42:2-3; 43:3-4</b>
<b>Tue 24th Apr</b>	<b>Acts 11:19-26</b> <b>John 10:22-30</b>	<b>Ps 87:1-7</b>
<b>Wed 25th Apr</b>	<b>1 Peter 5:5-14</b> <b>Mark 16:15-20</b>	<b>Ps 89: 2-3, 6-7, 16-17</b>
<b>Thur 26th Apr</b>	<b>Acts 13:13-25</b> <b>John 13:16-20</b>	<b>Ps 89:2-3, 21-22,25,27</b>
<b>Fri 27th Apr</b>	<b>Acts 13:26-33</b> <b>John 14:1-6</b>	<b>Ps 2:6-11</b>
<b>Sat 28th Apr</b>	<b>Act 13:44-52</b> <b>John 14:7-14</b>	<b>Ps 98:1-4</b>



## April 2018

3rd—Dominic Johnson  
4th—Seeta Narine  
6th—Timothy Abelto  
7th—Colin Ollivier  
8th— George Tang Choon  
12th—Ina Boodoo  
14th—Marguerite Pantin Cooper  
17th—Anne Wyatt  
19th—Nazim Smith  
20th—Joyce Agnes Francis  
20th— Tyrone Gonzales  
22nd—Jada Villaroel  
24th—Pernell Vialmosa  
24th—Elizabeth Bento  
25th—Michael Hernandez  
27th—Peter Villaroel

## Meditation on Sunday Scriptures

### FILL UP

**"PETER, FILLED WITH THE HOLY SPIRIT, SPOKE UP." –ACTS 4:8**

.At the first Christian Pentecost, "all were filled with the Holy Spirit" (Acts 2:4). After Peter and John were released from prison, the first Christian community gathered to pray, and "the place where they were gathered shook as they prayed. They were filled with the Holy Spirit" (Acts 4:31). Stephen, the first deacon and the first martyr, was "a man filled with faith and the Holy Spirit" (Acts 6:5). Barnabas "was a good man filled with the Holy Spirit and faith" (Acts 11:24). The Lord commands us: "Be filled with the Spirit" (Eph 5:18).

We need to be filled with the Holy Spirit because we may have:

- ◆ rationed our reception of the Spirit due to sin, fear, or ignorance (cf Jn 3:34),
- ◆ quenched (1 Thes 5:19) or grieved the Spirit (Eph 4:30) through sin and selfishness, or
- ◆ had our capacity to receive the Spirit enlarged by the Spirit working in us. Thus, we have more room to receive the Spirit in greater ways, for the Spirit has changed us from petty, narrow, self-centered people to big-hearted, great-souled men and women of God with kingdom-vision.

Consequently, "receive the Holy Spirit" in fullness (Jn 20:22). "Stir into flame the gift of God" that you have received. "The Spirit God has given us is no cowardly spirit, but rather One That makes us strong, loving, and wise" (2 Tm 1:6, 7). Be filled with the Holy Spirit.

## Kids Corner

### The Sick Corner



Patrice Ali  
Gerald Bennett  
Dianne Dennis  
Annie Clarke  
Monica Barnes

Lynn Harewood  
Gertrude Noreiga  
Matilda Noreiga  
Michail Ramsumair-  
Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information



What man of you, having an hundred sheep, if he lose one of them, doth not leave the ninety and nine in the wilderness, and go after that which is lost, until he find it?  
*Luke 15:4*

