

Sacrament of the Eucharist

Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's	Chaplet & Novena on Wed	5:30pm

Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's)	(once per month)	11:00am
OLMC (Lluengo)	First Sun	9:30am
Eucharistic Service	Third Sun (Lluengo)	9:30am

Confession St Cecilia's Sat 4:30pm
Or by appointment

Intercessory Prayer St Michael's on Fri 9am-12pm

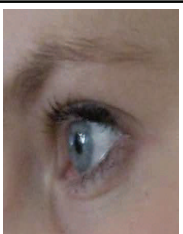
Eucharistic Adoration

St Cecilia's	Tues	6:30am- 6:00pm
St Theresa's	Wed	12pm - 6:00pm
St Michael's	Thur	6:30am - 6:30pm

Benediction: Every First Friday 7:00pm - 9:00pm

Stations of the Cross at St Michael's Fri at 6pm

Classifieds



DON'T BE AFRAID IF YOU:

- * **Cannot see far**
- * **Itchy eyes**
- * **Glare problems**
- * **Cataracts**
- * **Blurred vision when reading**
- * **High blood sugar and pressure**

“Come in for a **FREE EYE TEST** at the **EYE DOCS.**”

Call the EYE DOCS now at 753—2044

Notices

Parents are invited to the workshop – CHILDREN ARE A GIFT on Saturday 26th May at St Michael's Church hall from 9am to 3pm. This programme will be presented by the Archdiocesan Family Life Commission in conjunction with the Family Life Unit of our parish. The cost is \$100. per person or \$150. per couple. Lunch and materials are included. Please return all registration forms and payment to any catechist or the parish office by Wednesday 15th May, 2018.

The St. Michael's Men's Group is having a Curry Que on Saturday 02nd June from 11:30am to 3:00pm. Chicken \$30.00, Duck \$40.00 and Vegetable \$25.00. Tickets available from all members of the group.

All Catechists are required to attend the catechists retreat, on Sunday 20th May from 9:30am to 2:30pm at the Seminary Conference Room, Mt. St. Benedict. Contact Sr. Lystra for further information.



Sunday 13th May 2018

Inside this issue:

Page 2

Know Your Faith
Meditation on Sunday
Scriptures

Page 3

Pray with the Scriptures
Happy Birthday
Kids Corner
Sick Corner

Page 4

Mass Schedule
Notices
Classifieds



Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



St Michael's Messenger

Seventh Sunday of Easter



St Michael

Entrusted to the Pastoral care of the Carmelite Friars

Serving the communities of

St Michael,

St Cecilia, St Theresa

Our Lady of Mt Carmel

Fr. Brent Alexis O.Carm

Br. Nigel Ali O. Carm.

Pastoral Associates:

Deacon Sheldon Narine

St Michael

Phone: 662-4103

Website: <http://stmichaelsparishtt.org/>

FB: [https://www.facebook.com/](https://www.facebook.com/StMichaelRcChurchMaracas/)

StMichaelRcChurchMaracas/

Email: stmichaelsmaracasvalley@gmail.com

Secretary: Ms. Patricia Plaza

Elijah's Bread: Ms Rosalind Thomas

Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia),

Mrs Jean Narine (St Theresa)

Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor,

Mrs. Andrea Grimes, Mr. Gary De Freitas, Mr. Stuart Spiers,

Mrs. Wendy Morales, Mr. Allan Joseph, Mrs. Donna Boynes-Joseph,

Mrs Cindy Narine, Ms. Diane Narine, Mr. Hugo Huggins

Finance Chairman: Mr. Clem Jubrajsingh

Parish Council Chairman: Mr. Karl Theodore

Parish Visiting Hours

Mon - Fri 8am -12noon

1pm— 4pm

Priest Visiting Hours

Wed 3:30pm - 5pm

Please call to make
Appointment with Priest.

Know Your Faith



Pope Francis says

“The Beatitudes are like a Christian’s Identity Card”

The Beatitudes are like a Christian’s identity card. So if anyone asks: “What must one do to be a good Christian?”, the answer is clear. We have to do, each in our own way, what Jesus told us in the Sermon on the Mount. In the Beatitudes, we find a portrait of the Master, which we are called to reflect in our daily lives. We can only practise them if the Holy Spirit fills us with his power and frees us from our weakness, our selfishness, our complacency and our pride.

“Blessed are the poor in spirit, for theirs is the kingdom of heaven”

Let’s peer deep into our hearts. Where do we find our security? Is it in riches and wealth -because wealth ensures nothing. Indeed, once we think we are rich, we can become so self-satisfied that we leave no room for God’s word, for the love of our brothers and sisters, or for the enjoyment of the most important things in life. In this way, we miss out on the greatest treasure of all. That is why Jesus calls blessed those who are poor in spirit, those who have a poor heart, for there the Lord can enter with his perennial newness.

Luke does not speak of poverty “of spirit” but simply of those who are “poor” (cf. Lk 6:20). In this way, he too invites us to live a plain and austere life. He calls us to share in the life of those most in need, the life lived by the Apostles, and ultimately to configure ourselves to Jesus who, though rich, “made himself poor” (2 Cor 8:9).

Being poor of heart: that is holiness. (Adapted from Gaudete et Exsultate)

Pray with the Scriptures



Sun 13th May	Acts 1:1-11 Ephesians 4:1-13	Ps 47:2-3, 6-9 Mark 16:15-20
Mon 14th May	Acts 1:15-17, 20-26 John 15:9-17	Ps 113:1-8
Tue 15th May	Acts 20:17-27 John 17:1-11	Ps 68:10-11, 20-21
Wed 16th May	Acts 20:28-38 John 17:11-19	Ps 68:29-30, 33-36
Thur 17th May	Acts 22:30; 23: 6-11 John 17:20-26	Ps 16: 1-2,5,,7-11
Fri 18th May	Acts 25:13-21 John 21:15-19	Ps 103:1-2, 11-12,19-20
Sat 19th May	Acts 28:16-20,30-31 John 21:20-25	Ps 11:4-5, 7

May 2018

6th—Dominique Edwards
7th—Stanelia Hernandez
8th—Edward Francis
10th—Anthony Wells,
10th—Monica Gonzales
11th—Dejaun Charles,
11th—Brenda Ragoobir
12th—Diane Dennis,
12th—Bakhita Johnston
16th—Raeann Villaroel
24th—Damian Johnston
31st—Joan Langford,
31st—Rhys Langford

Meditation on Sunday Scriptures

"ABSENCE MAKES THE HEART GROW _____"

"No sooner had He said this than He was lifted up before their eyes in a cloud which took Him from their sight." –Acts 1:9

For almost forty years, a good Catholic father told his children to live for Jesus and to love Jesus especially by going to Mass – not only on Sundays but daily, or as often as possible. However, although some of his children went to Mass on Sundays, they never made the decision to live for Jesus. Then the father said again what he had said for all those years, but this time he died. The children could no longer so easily dismiss or ignore their father's words. One of his sons gave his life to Jesus and centered his life on the Eucharist.

For many years, Jesus has told His disciples many things. We are to:

- ◆ downsize our lifestyles and choose poverty (Mt 5:3),
- ◆ love and forgive our enemies (see Mt 5:44),
- ◆ deny ourselves and take up our crosses each day (Lk 9:23),
- ◆ wash the feet of others in sacrificial service (see Jn 13:5ff),
- ◆ devote ourselves to God's Word and the communal life (Acts 2:42), and
- ◆ spend our lives in being witnesses for Jesus (Acts 1:8).

Many Christians have ignored these commands of Jesus. However, when Jesus ascended, His disciples could not so easily dismiss His words.

May we receive this grace of the Ascension today. On this third day of the Pentecost novena, may we respond to Jesus' words and take Him seriously.

The Sick
Corner



Patrice Ali
Gerald Bennett
Dianne Dennis
Annie Clarke
Monica Barnes

Lynn Harewood
Gertrude Noreiga
Matilda Noreiga
Michail Ramsumair-
Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information

Kids Corner

