

Sacrament of the Eucharist

Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's	Chaplet & Novena on Wed	5:30pm

Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's)	(once per month)	11:00am
OLMC (Lluengo)	First Sun	9:30am
Eucharistic Service	Third Sun (Lluengo)	9:30am

Confession St Cecilia's Sat 4:30pm
Or by appointment

Intercessory Prayer St Michael's on Fri 9am-12pm

Eucharistic Adoration

St Cecilia's	Tues	6:30am- 6:00pm
St Theresa's	Wed	12pm - 6:00pm
St Michael's	Thur	6:30am - 6:30pm

Benediction: Every First Friday 7:00pm - 9:00pm

Stations of the Cross at St Michael's Fri at 6pm

Classifieds



DON'T BE AFRAID IF YOU:

- * **Cannot see far**
- * **Itchy eyes**
- * **Glare problems**
- * **Cataracts**
- * **Blurred vision when reading**
- * **High blood sugar and pressure**

“Come in for a **FREE EYE TEST** at the **EYE DOCS.**”

Call the EYE DOCS now at 753—2044

Notices

Parents are invited to the workshop – CHILDREN ARE A GIFT on Saturday 26th May at St Michael's Church hall from 9am to 3pm. This programme will be presented by the Archdiocesan Family Life Commission in conjunction with the Family Life Unit of our parish. The cost is \$100. per person or \$150. per couple. Lunch and materials are included. Please return all registration forms and payment to any catechist or the parish office by Wednesday 15th May, 2018.

The St. Michael's Men's Group is having a Curry Que on Saturday 02nd June from 11:30am to 3:00pm. Chicken \$30.00, Duck \$40.00 and Vegetable \$25.00. Tickets available from all members of the group.

St. Cecilia's Choral invites you to: An evening with Jesus in the Blessed Sacrament with song and prayer. Come adore with us at St. Cecilia's on Friday 25th May from 6:30 pm.

Admission: Free



Sunday 20th May 2018

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Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



St Michael's Messenger

Pentecost Sunday



St Michael

Entrusted to the Pastoral care of the Carmelite Friars

Serving the communities of

St Michael,

St Cecilia, St Theresa

Our Lady of Mt Carmel

Fr. Brent Alexis O.Carm

Br. Nigel Ali O. Carm.

Pastoral Associates:

Deacon Sheldon Narine

St Michael

Phone: 662-4103

Website: <http://stmichaelsparishtt.org/>

FB: [https://www.facebook.com/](https://www.facebook.com/StMichaelRcChurchMaracas/)

StMichaelRcChurchMaracas/

Email: stmichaelsmaracasvalley@gmail.com

Secretary: Ms. Patricia Plaza

Elijah's Bread: Ms Rosalind Thomas

Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia),

Mrs Jean Narine (St Theresa)

Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor,

Mrs. Andrea Grimes, Mr. Gary De Freitas, Mr. Stuart Spiers,

Mrs. Wendy Morales, Mr. Allan Joseph, Mrs. Donna Boynes-Joseph,

Mrs Cindy Narine, Ms. Diane Narine, Mr. Hugo Huggins

Finance Chairman: Mr. Clem Jubrajsingh

Parish Council Chairman: Mr. Karl Theodore

Parish Visiting Hours

Mon - Fri 8am -12noon

1pm— 4pm

Priest Visiting Hours

Wed 3:30pm - 5pm

Please call to make
Appointment with Priest.

Know Your Faith

Pope Francis says

*“The Beatitudes are like a Christian’s Identity Card” cont.
“Blessed are the meek, for they will inherit the earth”*



These are strong words in a world that from the beginning has been a place of conflict, disputes and enmity on all sides, where we constantly pigeonhole others on the basis of their ideas, their customs and even their way of speaking or dressing. Ultimately, it is the reign of pride and vanity, where each person thinks he or she has the right to dominate others. Nonetheless, impossible as it may seem, Jesus proposes a different way of doing things: the way of meekness.

Christ says: *“Learn from me; for I am gentle and humble of heart, and you will find rest for your souls”* (Mt 11:29). If we are constantly upset and impatient with others, we will end up drained and weary. But if we regard the faults and limitations of others with tenderness and meekness, without an air of superiority, we can actually help them and stop wasting our energy on useless complaining. Saint Thérèse of Lisieux tells us that “perfect charity consists in putting up with others’ mistakes, and not being scandalized by their faults”

Paul speaks of meekness as one of the fruits of the Holy Spirit (cf. Gal 5:23). He suggests that, if a wrongful action of one of our brothers or sisters troubles us, we should try to correct them, but “with a spirit of meekness”, since “you too could be tempted” (Gal6:1). Even when we defend our faith and convictions, we are to do so “with meekness” (cf. 1 Pet 3:16). Our enemies too are to be treated “with meekness” (2 Tim 2:25). In the Church we have often erred by not embracing this demand of God’s word.

Reacting with meekness and humility: that is holiness.

(Adapted from Gaudete Et Exsultate)

Meditation on Sunday Scriptures

"ONE SPIRIT" (EPH 4:4)

"Receive the Holy Spirit." –John 20:22

Happy Pentecost! Happy birthday of the Church! Come, Holy Spirit! On this "last and greatest day of the festival," Jesus continues to cry out: "If anyone thirsts, let him come to Me; let him drink who believes in Me. Scripture has it: 'From within Him rivers of living water shall flow.' (Here He was referring to the Spirit)" (Jn 7:37-39).

The Holy Spirit will come to us and through us renew the face of the earth (Ps 104:30). The Spirit will make us witnesses for the risen Christ (see Acts 2:32). He will give us the words to say (Mt 10:19-20), and people of all nations will believe that Jesus is Lord (see 1 Cor 12:3). Through faith, they will accept the Lord's gift of salvation, all will be saved (1 Tm 2:4), and the world renewed.

Come, Holy Spirit of unity!

Pray with the Scriptures



Sun 20th May	Acts 2:1-11 Galatians 5:16-25	Ps 104: 1, 24, 29-31, 34 John 15: 26-27; 16:12-15
Mon 21st May	James 3:13– 18 Mark 9:14-29	Ps 19:8-10, 15
Tue 22nd May	James 4:1-10 Mark 9:30-37	Ps 55:7-11, 23
Wed 23rd May	James 4:13-17 Mark 9:38-40	Ps 49:2-3, 6-11
Thur 24th May	James 5:1-6 Mark 9:41-50	Ps 49: 14-20
Fri 25th May	James 5:9-12 Mark 10:1-12	Ps 103:1-4, 8-9, 11-12
Sat 26th May	James 5:13-20 Mark 10: 13-16	Ps 141: 1-3,8

May 2018

6th—Dominique Edwards
7th—Stanelia Hernandez
8th—Edward Francis
10th—Anthony Wells,
10th—Monica Gonzales
11th—Dejaun Charles,
11th—Brenda Ragoobir
12th—Diane Dennis,
12th—Bakhita Johnston
16th— Raeann Villaroel
24th—Damian Johnston
31st—Joan Langford,
31st—Rhys Langford

Kids Corner

The Sick
Corner



Patrice Ali
Gerald Bennett
Dianne Dennis
Annie Clarke
Monica Barnes

Lynn Harewood
Gertrude Noreiga
Matilda Noreiga
Michail Ramsumair-
Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information

