

Sacrament of the Eucharist

Weekday Masses

St Michael's	First Sat	6:30am
	Wed, Fri	6:30pm
St Cecilia's	Tues, Thurs	6:00pm
St Michael's Chaplet & Novena on Wed		5:30pm

Weekend Masses

St Michael's	Sat	6:30pm
	Sun	7:30am
St Cecilia's	Sat	5:00pm
	Sun	5:00pm
St Theresa's	Sun	9:30am
Spanish Mass (St Cecilia's) (once per month)	11:00am	
OLMC (Lluengo)	First Sun	9:30am
Eucharistic Service	Third Sun (Lluengo)	9:30am

Confession St Cecilia's Sat 4:30pm
Or by appointment

Intercessory Prayer St Michael's on Fri 9am-12pm

Eucharistic Adoration

St Cecilia's	Tues	6:30am– 12 noon
St Michael's	Thur	6:30am - 6:30pm

Benediction: Every First Friday 7:00pm - 9:00pm

Stations of the Cross at St Michael's Fri at 6pm

Classifieds

Have anything to sell or want to buy?
Come advertise with us!!!!!!
It cost 50 cents per word to advertise here per week.

Notices

All married couples are invited to a special Mass to celebrate the Feast of Sts. Joachim and Anne – the patron saints of Married couples on Thursday July 26th at St. Cecilia's at 6pm. There will be a special blessing for them during the Mass and a sharing afterwards .

School of Liturgy 2018 begins from Monday 30th July to Saturday 04th August. It is held at St. Charles Parish Hall, Tunapuna. Interested persons please contact the Parish office.



St Michael's Messenger

Sunday 08th July 2018

Fourteenth Sunday in Ordinary Time

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Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

St Michael
 Entrusted to the Pastoral care of the Carmelite Friars
 Serving the communities of
St Michael,
St Cecilia, St Theresa
Our Lady of Mt Carmel

Fr. Brent Alexis O.Carm
 Br. Nigel Ali O. Carm.

Pastoral Associates:

Deacon Sheldon Narine

Parish Visiting Hours
 Mon - Fri 8am -12noon
 1pm— 4pm

Priest Visiting Hours
 Wed 3:30pm - 5pm

Please call to make Appointment with Priest.

St Michael

Phone: 662-4103
Website: <http://stmichaelsparishtt.org/>
FB: <https://www.facebook.com/StMichaelRcChurchMaracas/>
Email: stmichaelsmaracasvalley@gmail.com
Secretary: Ms. Patricia Plaza
Elijah's Bread: Ms Rosalind Thomas

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Sexton: Mr Francis Lezama (St Michael), Ms Daisy Laltoo (St Cecilia), Mrs Jean Narine (St Theresa)
Lay Ministers: Mr. Anthony Rawlins, Mrs. Roseann Gafoor, Mrs. Andrea Grimes, Mr. Gary De Freitas, Mr. Stuart Spiers, Mrs. Wendy Morales, Mr. Allan Joseph, Mrs. Donna Boynes-Joseph, Mrs Cindy Narine, Ms. Diane Narine, Mr. Hugo Huggins
Finance Chairman: Mr. Clem Jubrajsingh
Parish Council Chairman: Mr. Karl Theodore

Know Your Faith

Pope Francis says

SIGNS OF HOLINESS IN TODAY'S WORLD

The first of these great signs is solid grounding in the God who loves and sustains us. This source of inner strength enables us to persevere amid life's ups and downs, but.



Saint Paul bade the Romans not to repay evil for evil (cf. *Rom* 12:17), not to seek revenge (v. 19), and not to be overcome by evil, but instead to **“overcome evil with good”** (v. 21). This attitude is not a sign of weakness but of true strength, because God himself “is slow to anger but great in power” (*Nah* 1:3). The word of God exhorts us to **“put away all bitterness and wrath and wrangling and slander, together with all malice”** (*Eph* 4:31).

We need to recognize and combat our aggressive and selfish inclinations, and not let them take root. **“Be angry but do not sin; do not let the sun go down on your anger”** (*Eph* 4:26). When we feel overwhelmed, we can always cling to the anchor of prayer, which puts us back in God's hands and the source of our peace. **“Have no anxiety about anything, but in everything, by prayer and supplication with thanksgiving** also to endure hostility, betrayal and failings on the part of others. **“If God is for us, who is against us?”** (*Rom* 8:31): this is the source of the peace found in the saints, **let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts...**” (*Phil* 4:6-7).

(Adapted from Gaudete Et Exsultate)

Meditation on Sunday Scriptures

ENOUGH

“MY GRACE IS ENOUGH FOR YOU.” –2 CORINTHIANS 12:9

Alleluia! Every Sunday is Resurrection day, the weekly celebration of that first Easter morning when Jesus rose from the tomb, triumphed over sin and death, and made all things new for us. Today is a day of unity, when believers from all over this earth gather to worship almighty God, listen to His living, all-powerful Word, and receive the Bread of Life, Jesus Himself. Today we learn again that God loves us so much that He can never give us enough of His blessings. Alleluia!

How wonderful is God's plan for this day! Yet occasionally someone in our acquaintance will say "I've had enough of this church," rather than, "God's grace is enough for me." One reason for this difference is revealed in today's psalm response. When our eyes are fixed on Jesus as Lord in a spirit of humility (see Ps 123:2; Heb 12:2), then we are opened to His mercy and grace. When we take our focus off of the Lord, then God is not enough to satisfy us; instead, we turn elsewhere for satisfaction.

Today, as you observe the Lord's day in all its splendor, "examine yourselves" (2 Cor 13:5). "What are you looking for?" (Jn 1:38) "Are the consolations of God not enough for you?" (Jb 15:11)

Pray with the Scriptures



July 2018

Sun 08th July	Ezekiel 2:2-5, 2 Cor. 12:7-10	Ps 123: 1-4 Mark 6: 1-6
Mon 09th July	Hosea 2:16-18, 21-22 Matthew 9: 18-26	Ps 145: 2-9
Tue 10th July	Hosea 8: 4-7, 11-13 Matthew 9: 32-38	Ps 115:3-10
Wed 11th July	Hosea 10: 1-3, 7-8,12 Matthew 10: 1-7	Ps 105: 2-7
Thur 12th July	Hosea 11: 1-4, 8-9 Matthew 10:7-15	Ps 80:2-3, 15-16
Fri 13th July	Hosea 14: 2-10 Matthew 10:16-23	Ps: 51:3-4, 8-9, 12-14, 17
Sat 14th July	Isaiah 6:1-8 Matthew 10: 24-33	Ps 93:1-2, 5

- 6th—Naiyla Nakhid
- 6th—Dwayne Johnson
- 9th—Wendy Johnston
- 10th—Hugo Huggins
- 11th—Wayne Daren Johnson
- 12th—Wayne Johnson
- 16th—Isabella Lopez
- 17th—Yvonne James
- 19th—Alissa Huggins
- 20th—Allisten Cooper,
- 20th—Francisco Lopez
- 24th—Paul Villaroel
- 27th—Amanda Marie Vire
- 31st—Angel Alexander

Kids Corner

The Sick Corner



Patrice Ali
Gerald Bennett
Dianne Dennis
Annie Clarke
Monica Barnes

Lynn Harewood
Gertrude Noreiga
Matilda Noreiga
Michail Ramsumair-
Derek Solomon

If you know any sick that wish to be visited, please contact the parish office and submit the information

